



The Humility of Christ

Develop a humble heart

Day 1: Be Honest with Yourself

Scripture Reading: John 3:30, Romans 12:16, 1 Corinthians 10:24

Reflection:

- Pride is the soil in which the enemy gets a hold of our hearts and traps our minds.
- The Humility of Christ is what keeps us near the cross.
- Practice humility today in every way possible, placing others first in everything you do.

Prayer: Father forgive me for my pride and blindness to it. Through your Holy Spirit, open my spiritual eyes to the pride within me and root it out completely.

Day 2: Our Character Must Follow that of Jesus

Scripture Reading: Matthew 11:28-29, Mark 10:45

Reflection:

- Does my daily character reflect Jesus in the way I think, speak, react and engage with those around me?
- Have I changed since accepting Christ into my life, is there real transformation?

Prayer: Jesus, thank you for your sacrifice and for redeeming my life. Forgive me that I have held back my heart from being molded into your image. Please enter in the deepest part of my life now and transform me into your likeness.

Day 3: Repentance is the Gateway

Scripture Reading: Psalms 51:2, Psalms 69:5, Luke 5:8, 1 Timothy 1:15

Reflection:

- Jesus taught two major things in his ministry: Repent and Believe. Are you practicing repentance along with your faith daily?
- Is it easier for you to see sin in others? Perhaps you have not chosen to see the sin in your own life close enough.

Prayer: Lord, please forgive me for hiding my heart from you and hiding from my own heart. I ask you to convict me of sin still alive in me and crucify them in your mercy, allowing me to experience your true grace and humility.

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Day 4: Placing Others First

Scripture Reading: Mark 10:43, 2 Corinthians 6:8, Ephesians 4:2, Philippians 2:3

Reflection:

- Do you struggle to allow others to go before you in anything? Requests, in line, in conversations?
- Humility is understanding your worth through Gods eyes, not thinking less of yourself. It's simply choosing NOT to think of "self" and placing others first.

Prayer: Lord, please teach my heart to reflect your humility in all that I do and say. May your humility remove my selfishness and place me in position to serve others daily.

Day 5: Don't Defend Yourself

Scripture Reading: Psalm 71:10, 1 Timothy 2:3, 1 Peter 2:21

Reflection:

- Whenever Jesus was insulted, He remained silent. He trusted God to know his heart and see the hearts of others.
- How have you been running away from suffering? How have you avoided suffering in order to protect your identity?

Prayer: Lord, my pride leads me to defend my ego, my reputation and my own thinking at times. Remind me to deny myself and follow you. In doing so I will lose my life but gain it in you, the eternal giver of life.

Day 6: Clothe Yourself in Humility

Scripture Reading: Romans 13:14, Colosians 3:12, James 3:13

Reflection:

- Our nature leans toward pride daily. We must intentionally put on humility.
- An honest soul recognizes their own pride in pursuit of humility.

Prayer: Lord, I come before you in humility asking that your Spirit take possession of my heart, soul and body. Transform me with your personhood and may your character be upon me for all to see. You are good and perfect.

Day 7: Rest in His Heart

Scripture Reading: Isaiah 30:15, Psalm 116:7, Hebrews 4:1

Reflection:

- Daily interaction in this fallen world is exhausting to our souls. It's when we rest in God's presence that He restores our hearts to reflect his character.
- Being still is an act of humility. Are you sitting still long enough and often enough for him to speak to you?

Prayer: Lord, please forgive me for my busyness. I am easily distracted and pulled away from you. May your Spirit come and abide in me, making me a humble servant, ready to serve you and your purpose daily.